

Collect and Readings

Collect of the Day:

Almighty God, give us the increase of faith, hope, and love; and, that we may obtain what you have promised, make us love what you command; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

Reader: The Old Testament reading is taken from Deuteronomy 8:1-10

⁸ Be careful to follow every command I am giving you today, so that you may live and increase and may enter and possess the land the Lord promised on oath to your ancestors. ² Remember how the Lord your God led you all the way in the wilderness these forty years, to humble and test you in order to know what was in your heart, whether or not you would keep his commands. ³ He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your ancestors had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the Lord. ⁴ Your clothes did not wear out and your feet did not swell during these forty years. ⁵ Know then in your heart that as a man disciplines his son, so the Lord your God disciplines you. ⁶ Observe the commands of the Lord your God, walking in obedience to him and revering him. ⁷ For the Lord your God is bringing you into a good land—a land with brooks, streams, and deep springs gushing out into the valleys and hills; ⁸ a land with wheat and barley, vines and fig trees, pomegranates, olive oil and honey; ⁹ a land where bread will not be scarce and you will lack nothing; a land where the rocks are iron and you can dig copper out of the hills. ¹⁰ When you have eaten and are satisfied, praise the Lord your God for the good land he has given you.

Reader: The Word of the Lord

People: **Thanks be to God.**

Reader: This morning's psalm is Psalm 34: 8-15 read responsively by full verse.

⁸ Taste and see that the Lord is good; blessed is the one who takes refuge in him.

⁹ **Fear the Lord, you his holy people, for those who fear him lack nothing.**

¹⁰ The lions may grow weak and hungry, but those who seek the Lord lack no good thing.

¹¹ **Come, my children, listen to me; I will teach you the fear of the Lord.**

¹² Whoever of you loves life and desires to see many good days,

¹³ **keep your tongue from evil and your lips from telling lies.**

¹⁴ Turn from evil and do good; seek peace and pursue it.

¹⁵ **The eyes of the Lord are on the righteous, and his ears are attentive to their cry;**

Glory to the Father, and to the Son, and to the Holy Spirit; As it was in the beginning, is now, and ever shall be, world without end. Amen.

Reader: The Epistle is taken from Galatians 5: 1, 13-25,

5 It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. ¹³ You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh[a]; rather, serve one another humbly in love. ¹⁴ For the entire law is fulfilled in keeping this one command: “Love your neighbor as yourself.” ¹⁵ If you bite and devour each other, watch out or you will be destroyed by each other. ¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. ¹⁸ But if you are led by the Spirit, you are not under the law. ¹⁹ The acts of the flesh are obvious: sexual immorality, impurity and debauchery; ²⁰ idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God. ²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. ²⁴ Those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ Since we live by the Spirit, let us keep in step with the Spirit.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to St John 6: 37-51

People: **Glory to you, Lord Christ.**

³⁷ All those the Father gives me will come to me, and whoever comes to me I will never drive away. ³⁸ For I have come down from heaven not to do my will but to do the will of him who sent me. ³⁹ And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. ⁴⁰ For my Father’s will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day.” ⁴¹ At this the Jews there began to grumble about him because he said, “I am the bread that came down from heaven.” ⁴² They said, “Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I came down from heaven’?” ⁴³ “Stop grumbling among yourselves,” Jesus answered. ⁴⁴ “No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day. ⁴⁵ It is written in the Prophets: ‘They will all be taught by God.’ Everyone who has heard the Father and learned from him comes to me. ⁴⁶ No one has seen the Father except the one who is from God; only he has seen the Father. ⁴⁷ Very truly I tell you, the one who believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your ancestors ate the manna in the wilderness, yet they died. ⁵⁰ But here is the bread that comes down from heaven, which anyone may eat and not die. ⁵¹ I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**