The Holy Eucharist

*Anglican Standard Text*

*The Eucharistic Prayer attributed to St. Gregory of Nyssa d. 394 AD*

**The Acclamation**

*The People standing, the Celebrant says this or a seasonal greeting.*

 Bless the Lord who forgives all our sins.

*People* His mercy endures forever.

**The Decalogue**

*Exodus 20:1-17; Deuteronomy 5:6-21*

*Celebrant* God spoke these words and said: I am the Lord your God, you shall have no other gods but me.

*People* Lord, have mercy upon us, and incline our hearts to keep this law.

*Celebrant* You shall not make for yourself any idol.

*People* Lord, have mercy upon us, and incline our hearts to keep this law.

*Celebrant* You shall not take the name of the Lord your God in vain.

*People* Lord, have mercy upon us, and incline our hearts to keep this law.

*Celebrant* Remember the Sabbath day and keep it holy.

*People* Lord, have mercy upon us, and incline our hearts to keep this law.

*Celebrant* Honor your father and your mother.

*People* Lord, have mercy upon us, and incline our hearts to keep this law.

*Celebrant* You shall not murder.

*People* Lord, have mercy upon us, and incline our hearts to keep this law.

*Celebrant* You shall not commit adultery.

*People* Lord, have mercy upon us, and incline our hearts to keep this law.

*Celebrant* You shall not steal.

*People* Lord, have mercy upon us, and incline our hearts to keep this law.

*Celebrant* You shall not bear false witness against your neighbor.

*People* Lord, have mercy upon us, and incline our hearts to keep this law.

*Celebrant* You shall not covet.

*People* Lord, have mercy upon us, and write all these, your laws, in our hearts, we beseech you.

**The Confession and Absolution of Sin**

Let us humbly confess our sins to Almighty God.

*Silence*

*The Deacon and People kneel as able and pray*

Almighty God, Father of our Lord Jesus Christ,

 maker and judge of us all:

We acknowledge and repent of our many sins and offenses,

 which we have committed by thought, word, and deed

 against your divine majesty,

 provoking most justly your righteous anger against us.

We are deeply sorry for these transgressions;

 the burden of them is more than we can bear.

Have mercy upon us,

Have mercy upon us, most merciful Father;

 for your Son our Lord Jesus Christ’s sake,

 forgive us all that is past;

 and grant that we may evermore serve and please you in newness of life,

 to the honor and glory of your Name;

 through Jesus Christ our Lord. Amen.

*The Bishop or Priest stands and says*

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. *Amen.*

**The Comfortable Words**

*The Celebrant may then say one or more of the following sentences, first saying*

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest. (*Matthew 11:28)*

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life. (*John 3:16)*

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners. (*1 Timothy 1:15)*

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only but also for the sins of the whole world.

*(1 John 2:1-2)*

**The Collect of the Day**

*The Celebrant says to the People*

The Lord be with you.

*People* And with your spirit.

*Celebrant* Let us pray.

*The Celebrant prays the Collect.*

*People* Amen.

**The Lessons See insert**

**The Sermon**

**The Nicene Creed**

*On Sundays, other Major Feast Days, and other times as appointed, all stand to recite the Nicene Creed, the Celebrant first saying*

Let us confess our faith in the words of the Nicene Creed:

*Celebrant and People*

We believe in one God,

 the Father, the Almighty,

 maker of heaven and earth,

 of all that is, visible and invisible.

We believe in one Lord, Jesus Christ,

 the only-begotten Son of God,

 eternally begotten of the Father,

 God from God, Light from Light,

 true God from true God,

 begotten, not made,

 of one Being with the Father;

 through him all things were made.

 For us and for our salvation he came down from heaven,

 was incarnate from the Holy Spirit and the Virgin Mary,

 and was made man.

 For our sake he was crucified under Pontius Pilate;

 he suffered death and was buried.

 On the third day he rose again in accordance with the Scriptures;

 he ascended into heaven

 and is seated at the right hand of the Father.

 He will come again in glory to judge the living and the dead,

 and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

 who proceeds from the Father [and the Son]*,*[[1]](#footnote-1)

who with the Father and the Son is worshiped and glorified,

 who has spoken through the prophets.

 We believe in one holy catholic and apostolic Church.

 We acknowledge one baptism for the forgiveness of sins.

 We look for the resurrection of the dead,

 and the life of the world to come. Amen.

**The Prayers of the People**

*The Deacon or other person appointed says these prayers, or the Prayers of the People in the Renewed Ancient Text.*

Let us pray for the Church and for the world.

Almighty and ever living God, we are taught by your holy Word to offer prayers and supplications and to give thanks for all people. We humbly ask you mercifully to receive our prayers. Inspire continually the universal Church with the spirit of truth, unity and concord; and grant that all who confess your holy Name may agree in the truth of your holy Word, and live in unity and godly love.

*Silence*

*Reader* Lord, in your mercy:

*People* Hear our prayer.

We pray that you will lead the nations of the world in the way of righteousness; and so guide and direct their leaders, especially Donald, our President, JD Vance our Vice-President, the Congress and Supreme Court, and all state and local governments and judiciaries, that your people may enjoy the blessings of freedom and peace. Grant that our leaders may impartially administer justice, uphold integrity and truth, restrain wickedness and vice, and protect true religion and virtue.

*Silence*

*Reader* Lord, in your mercy:
*People* Hear our prayer.

Give grace, heavenly Father, to all Bishops, Priests, and Deacons, and especially to your servants ++Foley, our Archbishop, Frank our Bishop, that by their life and teaching, they may proclaim your true and life-giving Word, and rightly and duly administer your holy Sacraments. And to all your people give your heavenly grace, especially to this congregation, that with reverent and obedient hearts we may hear and receive your holy Word, and serve you in holiness and righteousness all the days of our lives.

*Silence*

*Reader* Lord in your mercy:
*People* Hear our prayer.

Prosper, we pray, all those who proclaim the Gospel of your kingdom throughout the world, and strengthen us to fulfill your great commission, making disciples of all nations, baptizing them and teaching them to obey all that you have commanded.

*Silence*

*Reader* Lord in your mercy:
*People* Hear our prayer.

We ask you in your goodness, O Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity [especially \_\_\_\_\_\_\_\_\_].

*Silence*

*Reader* Lord in your mercy:
*People* Hear our prayer.

We remember before you all your servants who have departed this life in your faith and fear, [especially \_\_\_\_\_\_\_\_\_\_\_\_\_\_,] that your will for them may be fulfilled, and we ask you to give us grace to follow the good examples of [N., and] all your saints, that we may share with them in your heavenly kingdom.

*Silence*

*Reader* Lord in your mercy:
*People* Hear our prayer.

*Additional prayers may be added.*

*The Celebrant concludes with the following prayer*

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

*The Celebrant may then say the Exhortation.*

**The Peace**

*Celebrant* The Peace of the Lord be always with you.
*People* And with your spirit.

*Then the Ministers and People may greet one another in the name of the Lord.*

**The Offertory**

*The People stand while the offerings are presented. The following may be said.*

*Celebrant* Yours, O Lord, is the greatness, and the power, and the glory, and the victory, and the majesty: for everything in heaven and on earth is yours; yours is the Kingdom, O Lord, and you are exalted as Head above all. All things come from you, O Lord,

*People* And of your own have we given you.

 *1 Chronicles 29:11, 14*

**The Sursum Corda**

*The People remain standing. The Celebrant faces them and sings or says*

 The Lord be with you.
*People* And with your spirit.
*Celebrant* Lift up your hearts.
*People* We lift them up to the Lord.
*Celebrant* Let us give thanks to the Lord our God.
*People* It is right to give him thanks and praise.

*The Celebrant continues*

***Celebrant:*** It is right to give you thanks, God of infinite love. In the darkness that was before all things, you spoke and light sprang into being, filling the whole creation with your goodness. Forming us from the dust of the earth and breathing your Spirit into us we became living creatures, made to love and serve you and one another. But we would not follow your call to walk in love, and so wandered in the wilderness of our broken desire. and then your light broke upon us to guide us to the truth. You sent Moses, your friend, to bear your law from the mountaintop and promised to write it upon our hearts. You came to us through prophets and strangers, through women of courage and men of compassion, through children and outcasts. And even then we turned from your light and wandered in darkness. So you came to us once more in your beloved son. He was one with you in glory, yet chose to abide with us in flesh. As once you spoke to us in the burning bush, now you spoke in this child of Mary. He drew us near to him and to you, showing us the fullness of your love. He bore our humanity to the fullest, even tasting death for our sake.

But your light could not be dimmed. He broke free of the tomb, and trampling death beneath his feet carried our human flesh to your presence, making us one with you as we were in creation. And even now our Bridegroom has not been taken from us. He stands in our midst, though we see him not. Gathered with him at our wedding banquet, we bring these gifts.

Make them holy by your Spirit to be for all people the Body and Blood of your Son.

On the dark night of his betrayal Jesus took bread, blessed and broke it, and gave it to his friends saying: “Take, eat, this is my body, broken for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, said the blessing, gave it to his friends and said: “Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me.”

Remembering Christ’s death and resurrection we offer this bread and cup to you. We celebrate his risen life bounding up in us. And with our hearts and minds enlightened by your presence, we praise you and we bless you:

***People*** We praise you, we bless you, we give thanks to you, and we pray to you Lord our God.

***Celebrant:*** Remember your people, scattered to the corners of the earth. As grain was scattered on the earth and made one in this bread, so may we be brought together at last in the kingdom of your love; where with your beloved Gregory, with Mary, Jesus’ mother, and with all the saints we may join in the triumphal song:

**The Sanctus**

*Celebrant and People*

Holy, Holy, Holy, Lord God of power and might, heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
 Hosanna in the highest.

***Celebrant:*** By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and for ever. *Amen.*

**The Lord’s Prayer**

*The Celebrant then says*

And now as our Savior Christ has taught us, we are bold to pray:

*Celebrant and People together pray*

Our Father, who art in heaven, Our Father in heaven,
 hallowed be thy Name. hallowed be your Name.

 Thy kingdom come, Your kingdom come,
 thy will be done, your will be done,

 on earth as it is in heaven. on earth as it is in heaven.

Give us this day our daily bread. Give us today our daily bread.

And forgive us our trespasses, And forgive us our sins

 as we forgive those as we forgive those

 who trespass against us. who sin against us.

And lead us not into temptation, Save us from the time of trial,

 but deliver us from evil. and deliver us from evil.

For thine is the kingdom, For the kingdom, the power,

 and the power, and the glory and the glory are yours

 for ever and ever. Amen. now and for ever. Amen.

**The Fraction**

*If the consecrated Bread was not broken earlier, the Celebrant breaks it now.
A period of silence is kept.*

*Then may be sung or said*

*Celebrant* Christ our Passover is sacrificed for us.

*People* Therefore let us keep the feast.

*In Lent, Alleluia is omitted, and may be omitted at other times except during Easter season.*

**The Prayer of Humble Access**

*Celebrant and People together may say*

We do not presume to come to this your table, O merciful Lord,

 trusting in our own righteousness, but in your abundant and great mercies.

We are not worthy so much as to gather up
 the crumbs under your table; but you are the same Lord,

 whose character is always to have mercy.

Grant us, therefore, gracious Lord,

 so to eat the flesh of your dear Son Jesus Christ, and to drink his blood,

 that our sinful bodies may be made clean by his body,

 and our souls washed through his most precious blood,

 and that we may evermore dwell in him, and he in us. Amen.

**The Agnus Dei**

*The following or some other suitable anthem may be sung or said here*

Lamb of God, you take away the sin of the world,
 *have mercy on us.*Lamb of God, you take away the sin of the world,
 *have mercy on us.*Lamb of God, you take away the sin of the world,
 *grant us your peace.*

**The Ministration of Communion**

*Facing the People, the Celebrant may say the following invitation*

The gifts of God for the people of God. Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.

*The Ministers receive the Sacrament in both kinds, and then immediately deliver it to the People.*

*The Bread and Cup are given to the communicants with these words*

The Body of our Lord Jesus Christ.

The Blood of our Lord Jesus Christ.

**The Post Communion Prayer**

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People together say the following, or the Post Communion Prayer in the Renewed Ancient Text*

Almighty and everliving God,

we thank you for feeding us, in these holy mysteries,

 with the spiritual food of the most precious Body and Blood

 of your Son our Savior Jesus Christ;

and for assuring us, through this Sacrament, of your favor and

 goodness towards us:

 that we are true members of the mystical body of your Son,

 the blessed company of all faithful people;

 and are also heirs, through hope,

 of your everlasting kingdom.

And we humbly ask you, heavenly Father,

 to assist us with your grace,

 that we may continue in that holy fellowship,

 and do all the good works that you have prepared for us to walk in;

through Jesus Christ our Lord,

 to whom with you and the Holy Spirit,

 be all honor and glory, now and for ever. Amen.

**The Blessing**

*The Bishop when present, or the Priest, gives this or an alternate blessing*

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen.*

*A hymn, psalm or anthem may be sung after the Blessing (or following the Dismissal).*

*Deacon* Let us bless the Lord. *People* Thanks be to God.

1. The phrase“and the Son” (Latin *filioque*) is not in the original Greek text. See the resolution of the College of Bishops concerning the *filioque* in Documentary Foundations. [↑](#footnote-ref-1)